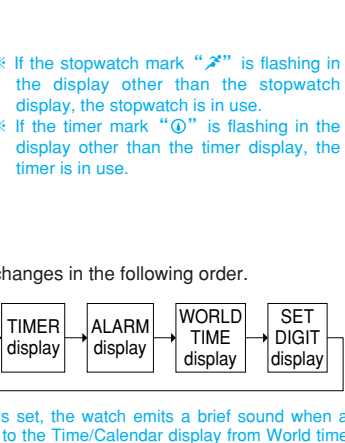
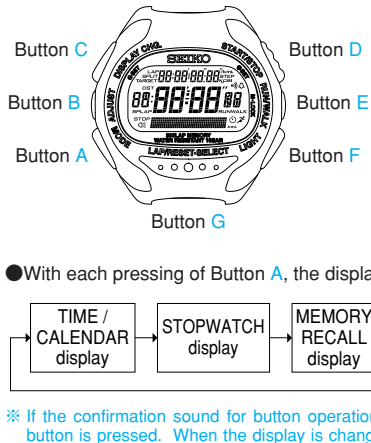


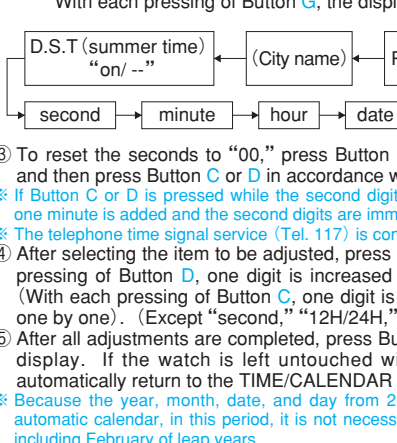
SEIKO 取扱説明書

この度は弊社製品をお買い上げいただき、誠にありがとうございます。ご使用前の... 全国共通フリーダイヤル 0120-612-911

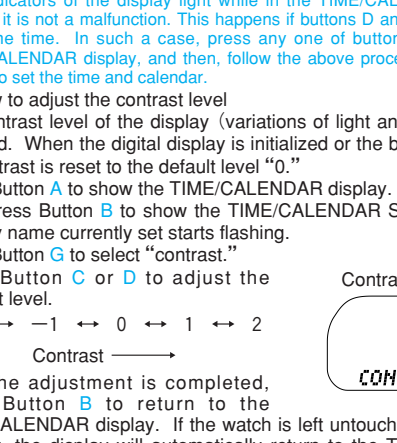


●With each pressing of Button A, the display changes in the following order. ※If the confirmation sound for button operations is set, the watch emits a brief sound when a button is pressed.

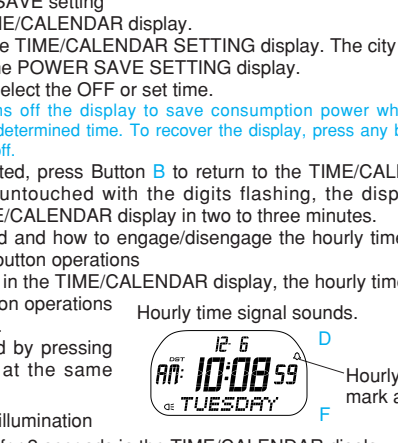
(1) Buttons and operations ●Press Button A to show the TIME/CALENDAR display. Button A: Change to TIME/CALENDAR display. Button B (long press): Changing to TIME/CALENDAR SETTING display.



※If all indicators of the display light while in the TIME/CALENDAR SETTING display, it is not a malfunction. This happens if buttons D and F are pressed at the same time.



(4) How to adjust the POWER SAVING setting ●Press Button A to show the TIME/CALENDAR display. ①Long Press Button B to show the TIME/CALENDAR SETTING display. ②Long Press Button B to show the POWER SAVING SETTING display.



When POWER SAVING is OFF, time is set to 30 hours. When POWER SAVING is ON, hourly time signal mark appears.

FEATURES

This watch can store time data measured by the equipped stopwatch of up to 300 units of memory and can recall data on demand. Data within 300 units of memory can be sorted by channel when being stored.

HOW TO USE THE STOPWATCH

●RUNNING/WALKING mode can be changed over with one push. (Calculated values including the stride length can be changed over.)

MEMORY RECALL ●The stored data (lap number, lap time, and split time) can be recalled on demand after measurement.

TIMER ●The watch is equipped with a double repeat timer function which allows you to set two different timer times.

ALARM ●The three-channel daily alarm sounds at a designated time (hour and minute) every 24 hours.

WORLD TIME ●The time of 43 cities (including GMT) throughout the world can be displayed.

AUTO ILLUMINATION FUNCTION ●If set in advance, the display is illuminated for approximately 2 seconds with each press of any of the buttons (except pressing buttons for adjusting items or digits).

ILLUMINATING LIGHT ●The built-in light illuminates any digital display for approximately 2 seconds by pressing the button for turning on the light.

●About memory ●How to measure time ●Units of memory used for storing 1 time data

●How to use the alarm ●Each alarm channel can be engaged ("on") or disengaged ("off") independently.

●How to use the timer ●The timer can be set from 10 seconds up to 99 hours, 59 minutes in one-second increments.

●How to use the world time ●The time of 43 cities (including GMT) in different time zones throughout the world can be displayed.

HOW TO USE THE TIMER

●The timer can be set from 10 seconds up to 99 hours, 59 minutes in one-second increments.

HOW TO USE THE ALARM

●The three-channel daily alarm sounds at a designated time (hour and minute) every 24 hours.

HOW TO USE THE WORLD TIME

Table with 5 columns: No., City name, Indication. Lists 43 cities including GMT, London, Paris, Rome, etc.

HOW TO USE THE SET DIGIT DISPLAY

●The set value of each item used to calculate Distance and Consumption Energy in the STOPWATCH display can be confirmed and revised.

HOW TO PRESERVE THE QUALITY OF YOUR WATCH

●Immediately stop wearing the watch in the following cases. ●Avoid wearing or storing the watch in the following places.

REMARKS ON THE BATTERY

●Notes on the battery ●This watch operates for two years after assembling the normal battery.

NECESSARY PROCEDURE AFTER THE BATTERY CHANGE (RESETTING THE IC)

●After the battery is replaced with a new one, or when an abnormal display such as broken digits appears, follow the procedure below.

TROUBLESHOOTING

Table with 3 columns: Problem, Possible cause, Solution. Lists issues like watch stops operating, temporary gains/losses, segments not flashing, blurriness in glass.

SPECIFICATIONS

- 1) Frequency of crystal oscillator: 32,768 Hz. 2) Loss/gain (monthly rate): Less than 20 seconds. 3) Operational temperature range: -10°C and +60°C.

AFTER-SALE SERVICE

●Notes on guarantee and repair ●Contact the retailer the watch was purchased from or SEIKO CUSTOMER SERVICE CENTER for repair or overhaul.

REPLACEMENT PARTS

●SEIKO makes it a policy to typically keep a stock of replacement parts for this watch for 7 years. Replacement parts are those which are essential to maintaining the functional integrity of the watch.

REPLACEMENT OF THE ELECTROLUMINESCENT PANEL (FOR ILLUMINATING LIGHT)

The electroluminescent panel for illumination of the display loses its luminescence as the battery voltage gets lowered. Also, its luminescence level decreases gradually with use.

NOTE ON THE LIQUID CRYSTAL PANEL

The normal life expectancy for the liquid crystal panel of the watch is approximately 7 years. After that, it may decrease in contrast, becoming difficult to read.

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